



## Term 1 Timetable

12th March '18 - 6th May '18

	SHOW ROOM	TRICKS ROOM	FLOW ROOM	CRECHE
<b>MONDAY</b>	<b>MORNING</b>			
9:00am	<b>Beginner 2 Course</b>			<b>OPEN</b>
10:00am	<b>Beginner 1 Course</b>	Yoga-lates (60min)		<b>OPEN</b>
	<b>EVENING</b>			
5:00pm	<b>Int Prep Course</b>	5:30pm <b>FREE POLE TASTER (30min Trial)</b>		<b>EOI</b>
6:00pm	<b>Beginner 2 Course</b>			<b>EOI</b>
7:00pm	Adv Combos (45min)	Beginner Tricksters (45min)	StrengthTone & Flexxy (45mins)	<b>EOI</b>
8:00pm	<b>Pre-Advance Course</b>		Flexxy - Splits (45min)	<b>EOI</b>
<b>TUESDAY</b>	<b>EVENING</b>			
5:00pm				
6:00pm	<b>Beginner 1 Course</b>	<b>Intermediate 2 Course</b>	Handstand/Acro (45min)	<b>EOI</b>
7:00pm	Choreo (45min)	<b>4 Week Floor W'Shop (1-4);</b>	StrengthTone & Flexxy (45min)	<b>EOI</b>
8:00pm	All levels Tricksters (45min)	<b>Week Doubles W'Shop (5-8)</b>	Flexxy - Back (45min)	<b>EOI</b>
		All level Tricksters		
<b>WEDNESDAY</b>	<b>EVENING</b>			
5:00pm				
6:00pm	<b>FREE POLE TASTER (30min Trial)</b>	<b>Beginner 1 Course</b>	Strength & Tone (45min)	<b>OPEN</b>
7:00pm	<b>Addictive Curves Course</b>	Handstand/Acro (45min)	Yoga-lates (60min)	<b>EOI</b>
8:00pm	<b>Beginner 1 Course</b>	<b>Intermediate Prep Course</b>		<b>EOI</b>
<b>THURSDAY</b>	<b>EVENING</b>			
5:00pm	<b>4 Week Intro to Pole (weeks 5-8)</b>			<b>EOI</b>
6:00pm	Choreo (45min)	<b>Beginner 1 Course</b>		<b>OPEN</b>
7:00pm	<b>Beginner 1 Course</b>	<b>Beginner 2 Course</b>		<b>EOI</b>
8:00pm	<b>Beginner 2 Course</b>		Flexxy - Mixed (45min)	<b>EOI</b>
<b>FRIDAY</b>	<b>CLOSED</b>			
<b>SATURDAY</b>	<b>CLOSED</b>			
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# Pricing & Specials

All enrollments, changes, cancellations send to: [ormeau@addictivepolefitness.com](mailto:ormeau@addictivepolefitness.com)

## 8 WEEK COURSES

### **VIP Membership Only \$35 Per Week On Direct Debit<sup>#</sup>**

8 x 1 Hour Pole Course Lessons In One Timeslot

Catch Up Sessions Included as per timetable

Casual Classes Included!

Access to the **APF VIP Members Facebook Group**

Unlimited Practice Time

**\$10 Discount** On Private Lessons

# Direct Debits are **ongoing from term to term**, and **can be cancelled at the end of any term** by emailing [ormeau@addictivepolefitness.com](mailto:ormeau@addictivepolefitness.com) Please see our full Direct Debit Policy & Catch Up Policy

### **NEW STUDENT SPECIAL\* Only \$30 Per Week On Direct Debit for Your First Term!**

Includes all of the same benefits of our VIP Membership (above)

\*New Students are students who are undertaking their first Course at our studio.

This special is available one time per person. **VIP Membership pricing applies after one term of New Student Special rate.**

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### **Additional Courses In The Same Term SPECIAL RATE \$200 Per Additional Course**

**CRECHE** \*(Please see Creche Terms & Conditions available on our website)

### **Add VIP Creche Membership to any VIP Membership Only \$5 Per Week On Direct Debit<sup>\*\*</sup>**

Includes all of the same benefits of our VIP Membership plus use of the in-house creche.

### **Add VIP Creche to NEW STUDENT SPECIAL\* Only \$5 Per Week On Direct Debit for Your First Term!**

Pay Per Class \$10 (Bookings required using the Mind Body Connect App, payment at time of booking)

10 Pack Pass \$80 (no expiry- available using Mind Body Connect App, or in studio)

## CASUAL CLASSES

Pay Per Class \$20 (Bookings required using the Mind Body Connect App, payment at time of booking)

10 Pack Pass \$170 (no expiry- available using Mind Body Connect App, or in studio)

## PRIVATE LESSONS

**\$70 Per Hour for One Person, \$55 Per Person for 2 People, \$50 Per Person for 3 People**

Please email [ormeau@addictivepolefitness.com](mailto:ormeau@addictivepolefitness.com) to book. **Payment Required At Time Of Booking-** please see full T&C on our website. **VIP**

**Member Discounts Apply! Please note that cancellations within 24 hours of your booking are non refundable or transferrable.**

If a Private Lesson is booked for a group of 2 or 3 people, and someone cancels their booking, the pricing for the lesson will change to the applicable rate.

[addictivepolefitness.com](http://addictivepolefitness.com) Email: [ormeau@addictivepolefitness.com](mailto:ormeau@addictivepolefitness.com) Ph: 0452 468 151

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